

## How Much Water Do You Use?

**Directions:**

1. Fill out the chart on the back of this sheet. Put in how many times you do each of the items listed. For example, if you wash your hands and face 5 times everyday, put a five in the box under each day. In the case of the shower put in how many minutes you spend in the shower each day. Remember to include if you take more than one shower.
2. Add up the times you did each activity to get your total for the week. For the hand and face washing example above the total would be 35.
3. For each activity, multiple the total number of times by the number of gallons and put this number in the total weekly use column.
4. Add up all your weekly gallons for the total number of gallons you used in a day.
5. Answer the questions below.

**Questions:**

1. How many gallons of water do you use in one week? \_\_\_\_\_
2. Figure out the average number of gallons used in one day. To do this, take the number in question one and divide by 7. \_\_\_\_\_
3. What things do you do that use the most amount of water?
  
  
  
  
  
  
  
  
  
  
4. What would or could you eliminate in your water use if water was limited?

Activity	Sun	Mon	Tues	Wed	Thurs	Fri	Sat	Sun	# times	Amount of water used (gallons)	Total weekly water used (gallons)
Washing face or hands										0.5	
Taking a shower										6 per minute	
Taking a bath										20	
Brushing teeth (water running)										2	
Brushing teeth (water turned off)										0.25	
Flushing the toilet										5	
Getting a glass of water										0.25	
Washing dishes by hand										10	
Running dishwasher										15	
Doing a load of laundry										30	

Total weekly water used for all activities (gallons) \_\_\_\_\_